



Sandi Robinson is an Accredited Exercise Physiologist, having completed a Bachelor of Exercise Rehabilitation Science at the University of Western Australia in 2009. Sandi then went on to complete a Master of Science (Exercise Science) at UWA in 2012 investigating the benefits of a multidisciplinary intervention for Type 2 Diabetes. She has worked extensively in cardiac rehabilitation, diabetes management and respiratory and sleep science and her particular areas of interest include diabetes, obesity and cardiac health.

Sandi spent 3 years in London where she worked at an NHS hospital as part of a multidisciplinary bariatric team as well as a private GP clinic performing corporate medical assessments and fitness testing. Her role as a Research Assistant at the Dobney Hypertension Centre allows Sandi to utilise her clinical knowledge to contribute to health research and clinical studies with the aim of improving best practice guidelines. Originally from Albany, Sandi has made Perth her home for almost 15 years and in her spare time loves exercising and spending time at the beach.