



**Dr Antonella Soares Dornelles** is a dedicated medical professional who completed her Bachelor of Medicine at University of Health Sciences H.A. Barceló in Argentina, graduating with distinction in 2021. Throughout her academic journey, Antonella conducted a transversal study on the prevalence of anxiety and depression among medicine students, showcasing her commitment to advancing medical knowledge.

After successfully completing her studies, Antonella began working in healthcare, gaining invaluable experience as a doctor in a hospital emergency department and as a general practitioner. During this time, she also worked as an academic tutor at her university, specialising in medicine and mental health. In

2022, she relocated to Australia, where she is working towards securing her AHPRA registration to practice medicine. Since then, Antonella has further expanded her expertise by working as an Occupational Health Assessor and Health and Wellness Coordinator.

Antonella's commitment to patient care extends beyond her clinical practice. She is deeply fascinated by the complexities of the human mind and criminalistics, aspiring to specialise in forensic psychiatry. Beyond clinical practice, Antonella is passionate about medical research, recognising its pivotal role in shaping innovative and effective healthcare solutions.

Additionally, Antonella is an ardent advocate for incorporating nutrition and exercise into medical practice, believing in the power of a holistic approach to health that addresses both the mind and body.

Antonella recently joined the Dobney Hypertension Centre to bring a committed approach to mental health and holistic care, aiming to impact both patient well-being and our ongoing research efforts positively.